

## The workshop

Our 2 day workshop is dedicated to building inclusive ecosystems in teams using a strengths-based approach. It is facilitated by Dr Jan Peters MBE who has helped hundreds of teams achieve excellence, including at Brunel, UCL, VISA, Barclays, GSK, Johnson & Johnson and Schroders.

Here are just some of the benefits:

- Understand team dynamics
- Leverage the power of difference
- Gain a new strategic purpose
- Unleash your winning mindset
- Know team members' individual strengths
- Learn strategies for managing conflict
- Discover how to build trust
- Unlock maximum engagement
- Allow team members to use their strengths



#### Team components

Deepen self-awareness and explore motivators, blockers, and focus on individual strengths.



### Team climate and dynamics

Explore how people fit together and interact. Identify areas for focus and development. Commit to action.



#### Our tools

We use Gallup's CliftonStrengths, and Lencioni's models to explore trust, psychological safety, and conflict to develop new habits and appreciation.

#### **GET IN TOUCH**

# AGENDA

Spread over 2 days, the workshop includes pre-work and homework. We liaise with the Team Lead to identify your desired outcomes, and tailor the discussions accordingly.

DAY ONE

- EXPLORING CLIFTONSTRENGTHS
- PERSONAL MOTIVATORS
- BLINDSPOTS
- JOHARI WINDOW
- FRUSTRATIONS

DAY TWO

- EXPLORING TEAM CLIMATE
- BUILDING PARTNERSHIPS
- TEAM DYNAMICS
- CHALLENGES AND CONFLICT
- PRIORITY ACTIONS

### The 5 C's of a high performing team



#### Past participants said:

"Valued the discussion and openess that was created" "Great pace and well presented"

